

# Equine Facilitated Learning (EFL)

## **Expanding our Equine Knowledge**

Ebony Cox Equine Services (ECES) was founded to assist, develop knowledge and Support others. ECES focuses on horse-human interactions, the benefits that they have on each other, horse health and nutrition, management, and care.

### Equine Facilitated Learning (EFL) +

ECES provides an engaging, safe, all-inclusive environment for children, youth & adults who are participants of the NDIS, this service is offered through Functional Occupation Therapies & Supports (FOTS), for all types of abilities to have positive interactions with horses, where they can learn about their own individual self and be accepted, a scientifically designed EFL frame work & program.

#### **EFL Supports**

- Children, Youth & Adults (All Ages)
- Available to Disabilities, Mental Health, Personal Development & Growth.
- NDIS Welcome—Goal Orientated, Focus Attributes & Overall Objectives.
- Scientifically created Framework & Programs.
- Fun, engaging, goal orientated, skill building, emotional awareness, and behaviour support.
- Fully Insured, Trained & Qualified staff.
- All staff are appropriately trained for the Job, all of our handlers undergo a thorough training program to ensure the safety of the participant, the horse, and the staff.
- Welcoming & Supportive staff who love horses, horse human connections, and believe that Equine Facilitated Learning is everything and more.

#### A holistic Equine Experience—Other Services

#### **Equine Workshops +**

ECES offers workshops for Individuals, Businesses – Professional Development, School Groups, Holiday Programs , and other organisations. Developing; Teamwork, Team Building, Communication, Leadership, Confidence & Trust - Assisting: Bullying, harassment, Stress & internal Disputes.

#### Horsemanship +

ECES mentors and supports participants who want to learn and advance their horsemanship skills through its Introductory Horsemanship, Management & Care Pre-Certificate. This can be done with or without working towards a certificate.

#### **Equine Nutrition +**

ECES assists horse owners through the world of Equine Nutrition, giving horse owners and learners a trusted friendly face, who is fully qualified & insured, and an independent Equine Nutritionist.





#### To book or Enquire

**Functional Occupation Therapies & Supports (FOTS)** 

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